

HSCMV Resource Guide

General Assistance for any/all calls

- United Way Helpline: Call 2-1-1 (or 1-888-553-5778 for landline)
- FindHelp website: https://www.findhelp.org/search_results/15145 Search for a variety of services and assistance programs.

COMPASS Application and Assistance

- <https://www.compass.state.pa.us/>
- HELPLINE: 1-800-692-7462. Call Mon-Fri 8:30am - 4:45pm. Hearing impaired, call TTY/TTD at 1-800-451-5886
- COMPASS is a one-stop application for multiple benefits: Medicaid, CHIP, SNAP, Cash Assistance, Child Care Works Program, LIHEAP, School Meals (free and reduced cost), etc.

Babies & Children

Allegheny Child Care Portal: <https://find.alleghenychildcare.org/welcome> - Search for safe childcare, afterschool, and summer camp options for babies through teenagers.

Braddock Free Store: 420 Braddock Ave – Small household items, clothing, food, **pampers**, etc. Tues/Thurs 11am-1pm, Sat 10am-12pm

Car Seats: for **loan (can't keep)** through the PA Traffic Injury Prevention Project.

- Eastern Area Pre Hospital Services, Alan Hitchen, 412-829-8155
- Penn Hills EMS, Bret London, 412-342-0850 (Penn Hills residents only)

Catholic Charities: <https://www.ccpgh.org/>, 412-456-6948 – Baby care items including diapers, formula, and hygiene.

ELRC: Early Learning Resource Center: 412-350-3577 – Helps quality, accessible, & affordable early learning opps.

Greater Pittsburgh Community Food Bank: 412-460-3663 – Helps find a local pantry that offers **formula**.

Head Start: 412-394-5880 – For kids ages 3-5 in Allegheny County. Kids and families receive FREE preschool services including: education, nutrition, health, disability services, parent involvement, and social services.

Healthy Start: 412-247-4009, [enroll online](https://www.hsipgh.org/enroll), contact@hsipgh.org – Provides health education, parenting support, case management, resource coordination, and referrals. Programs include prenatal home visiting, perinatal depression help, fatherhood, breastfeeding support, doulas.

Jeremiah's Place: 412-924-0726 – Emergency childcare for kids ages 0-6 (for a few hours or days). Emergency reasons include: hospitalization, funeral, homelessness, domestic violence, military deployment, job interview, unsafe child care, and emergency respite. Located in the East End.

Touching Families: 412-461-3383, info@touchingfamilies.org – Provides infant apparel, safety equipment, diapers, hygiene products, and other child care items. Is a Cribs for Kids partner.

Urban League: 412-227-4164 – Food for Early Development (FED) helps eligible families that do not receive WIC to receive baby formula and soft foods.

Veterans Leadership Program: 412-481-8200 – **For veterans**. Possible assistance with rental, utility, **childcare**, transportation, car repairs, etc.

WIC (Women's Infant & Children) Turtle Creek: 412-350-5801 – Provides free food and infant formula, breastfeeding and nutrition help, and health care referrals. WIC is available to pregnant women, breastfeeding and bottle feeding women, infants, and children up to age 5.

Babies & Children Cont.

Woodland Hills EMS: 412-351-9111 – Assist in **car seat** installation, recalls, or expiration. Must bring child for the installation. May be able to replace seats that are damaged, expired, wrong size, or recalled. May also have cribs available through Cribs for Kids partnership.

WPA Diaper Bank: distributes diapers through local partners:

Clairton Family Center: 412-233-8325	McKeesport Family Center: 412-672-6970
Duquesne Family Support Center: 412-469-9870	Family Care Connection Turtle Creek: 412-823-2060
East Allegheny Family Center: 412-829-6171	Family Care Connection Braddock: 412-273-4610

Budget and Credit Counseling/Education

Financial Empowerment Center (FEC): 1-800-298-0237. Staff from the FEC are at HSCMV every Wednesday from 8:30-4:30pm. Make an appointment via the number above

Advantage Credit Counseling Service: 1-866-699-2227

Mon Valley Initiative: 412-464-4000 x4000 – Financial counseling as part of their workforce development program.

NeighborWorks Western PA: 412-281-9773

Clothing Assistance

Braddock Free Store: 420 Braddock Ave – Small household items, **clothing**, food, pampers, etc. Tues/Thurs 11am-1pm, Sat 10am-12pm

The Opportunity Shop: 412-823-4347 – Clothes and small housewares. Everything \$2 or less. Open Fri, Sat, Sun from 11am-2pm. 125 Shaw Ave., Turtle Creek 15145

Salvation Army: Assistance for food, **clothing**, shelter, rent, household utility expenses, & miscellaneous needs.

Homestead: 412-461-2460 | McKeesport: 412-673-6627 | Homewood (closest to Penn Hills): 412-242-1434

Salvation Army Blessing Boutique: By appointment only. Call 412-242-1434 – New clothing and shoes to kids ages 5-18. Parents may bring kids 2x/year. Location: Salvation Army Homewood-Brushton, 8020 Frankstown Ave., Pittsburgh 15226. For more info, email Erin Perry erin.perry@use.salvationarmy.org. Must live in certain zip codes including 15221, 15235, 15147 (includes parts of Braddock Hills, Chalfant, Churchill, Edgewood, Forest Hills, Monroeville, North Braddock, Penn Hills, Plum, Swissvale, Wilkins, Wilksburg.)

Society of St. Vincent DePaul: 412-437-8370 – **Clothes**, furniture, food, assistance. Serves 15104 only.

Employment Assistance

Supports for Success (HSCMV): 412-829-7112, or [online form](#) – Ask for Supports Specialist, Iris Grilho. Assists individuals with employment and/or education goals to achieve self-sufficiency through wrap-around support.

Auberle Employment Institute: 412-673-5856 x1317

CareerLink: 412-436-2225. Submit [this referral](#) and indicate “Human Services Center Mon Valley” referred you.

Mon Valley Initiative: 412-464-4000

Unemployment: <https://www.uc.pa.gov/Pages/default.aspx>

Food Assistance, Food Stamps, SNAP

Pantry Network of Eastern Suburbs: 412-824-0006 – Food pantry on the 2nd Saturday of each month (8:30am-10:30am) and emergency food. Must call and set up appointment with Rose for emergency food.

Greater Pittsburgh Community Food Bank:

- 1-833-822-7627: SNAP application assistance, food pantry locator
- Food Distributions: 412-460-3663 x655 or <https://pittsburghfoodbank.org/find-food/distributions/> Provides food loaded in your trunk or you walk through and pick your own food. No eligibility info required. You do not need to RSVP, but is first come-first served. You will complete a short registration onsite with Food Bank staff. Each household completes a yearly “self-declaration of need” to receive food. After completing the form, you will receive a passcard. Bring your card to each event you attend.
- The Market: shop for free food from GPCFB’s The Market. Must qualify on income and live in Allegheny or Westmoreland Counties. Bring reusable bags and a photo ID with current address, or another proof of residency. Households can visit 2x/month. Open M/W/F 9am-12pm and 1pm-4pm; Tu/Th 10am-12pm and 1pm-4pm; Sat 9am-12pm. Closed most holidays. 1 N. Linden St., Duquesne, PA 15110

For Senior Citizens

- EAAS Meals on Wheels: 412-350-5460 – Call the Area Agency on Aging Senior Line to determine eligibility. Meals are delivered on Mon, Wed, and Fri except on holidays and in inclement weather. Microwaves can be used to heat meals as needed. Funded in part by a suggested weekly donation.
- Senior Food Box Program: 412-460-3663 x720 – Serves individuals age 60+ with incomes of less than 130% of FPL. Monthly package of nutritious foods.

SNAP: Apply on the [COMPASS website](#) or get help through Just Harvest ([website](#), or call 412-431-8960 [option 3] and leave a message with name, contact info, and the best time to reach you Mon-Fri 9am – 5pm.)

WIC (Women’s Infant & Children) Turtle Creek: 412-350-5801 – Provides free food and infant formula, breastfeeding help, nutrition help, and health care referrals. WIC is available to pregnant women, breastfeeding and bottle feeding women, infants, and children up to age 5.

Salvation Army: Assistance for **food**, clothing, shelter, rent, household utility expenses, & miscellaneous needs.

Homestead: 412-461-2460 | McKeesport: 412-673-6627 | Homewood (closest to Penn Hills): 412-242-1434

Society of St. Vincent DePaul

- Good Shepherd (Braddock), 412-437-8370 – Clothes, furniture, **food**, assistance. Serves 15104 only.
- Mary, Mother of God Parish, 412-385-3753 – Helps with utility, **food**, rent assistance, and furniture. Serves McKeesport, White Oak, East McKeesport, and North Versailles areas.

Furniture

Blessing Board: [Online application](#), 412-828-1055 – Online forms are responded to first. Client must have truck to transport furniture, BB will help load. Receive services only 1x. Locations in West Mifflin and Shaler. Furniture, mattresses, and small household goods as available.

Society of St. Vincent DePaul

- Good Shepherd (Braddock), 412-437-8370 – Clothes, **furniture**, food, assistance. Serves 15104 only.
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Housing Assistance – Rental Assistance

Allegheny Link: 1-866-730-2368 – Most programs require you to call the Link first. Housing/community shelters, crisis intervention, domestic violence, rental deposit, and delinquent rental assistance.

United Way 211: 211, Landline users should call 1-888-553-5778

Catholic Charities: <https://www.ccpgh.org/>, 412-456-6999 – Up to 1 month's rental assistance to avert immediate crisis.

Emergency Shelter Allowance (ESA): 412-664-6800 or 6801 (McKeesport CAO) – Dept. of Human Services offers up to \$400 to help stop an eviction/foreclosure or find short/long term places to stay.

Just Mediation Pittsburgh: 412-228-0730, justmediationpgh.org – **Mediates** between tenant/landlord or between tenants on issues like eviction, habitability, ability to pay. Does not provide financial assistance.

Lazarus Fund: 412-384-7360 (Bethesda United Presby in Elizabeth) or 412-697-7390 (main Presbytery) – One time only **rent**, mortgage payments, security deposits, and utilities.

Salvation Army: Assistance for food, clothing, **shelter, rent**, household utility expenses, & miscellaneous needs.
Homestead: 412-461-2460 | McKeesport: 412-673-6627 | Homewood (closest to Penn Hills): 412-242-1434

Salvation Army Family Caring Center: 412-362-0891 – 36-bed **shelter** for homeless families, including couples, who may have been evicted, victims of fire or domestic violence, or stranded in the city.

Society of St. Vincent De Paul:

- Mary, Mother of God Parish, 412-385-3753 – Helps with utility, food, **rent assistance**, and furniture. Serves McKeesport, White Oak, East McKeesport, and North Versailles areas.
- Diocese branch, 412-321-1071 – First month rent/security deposit assistance.

Urban League: 412-227-4164 – First month rent/security deposit assistance (usually requires a Link referral)

Veterans Leadership Program: 412-481-8200 – **Veteran Benefits.** Housing within 90 days to seek other housing; possible assistance with **rental**, utility, child care, transportation, car repairs, etc.

Housing Assistance – Mortgage Assistance or Foreclosure Prevention

Homeowner should first contact their lender to inquire about forbearance or an adjusted payment plan. Forbearance will delay payment for a time. You still owe that money in the future though.

Action Housing: 412-281-2102 x2055 (Mimi O'Donnell, mortgage intake specialist), action-mort@actionhousing.org, or [online intake](#) (they must print and mail in) – Assist with Act 91 notices and application to the Homeowner's Emergency Mortgage Assistance Program (HEMAP), foreclosure prevention advisement.

Lazarus Fund: 412-384-7360 (Bethesda United Presby in Elizabeth) or 412-697-7390 (main Presbytery) – One time only rent, **mortgage payments**, security deposits, and utilities.

NeighborWorks Western PA: 412-281-9773 – Provides housing counseling that may prevent foreclosure.

PA Housing Finance Agency (PHFA): 1-800-342-2397 for foreclosure prevention, assistance, and Emergency Mortgage Assistance. 1-855-827-3466 for homebuyer counseling and education. [Online info](#)

US Dept. of Veterans Affairs: 1-877-827-3702 – For veterans and their spouses. Loan does not have to be VA-backed.

Housing Assistance – Utilities, Energy Assistance

The best way to seek help is to call your utility company to see if they will set up a payment plan.

Dollar Energy Fund: 1-888-282-6816, [Apply online with MyApp](#), or use the [Agency Finder](#) to find an in person site.

- Available on a first come, first serve basis and eligibility varies based on the utility company.
- Hardship Program: One-time assistance that is applied directly to a utility bill. This program restarts October 1st each year.
- CAP (Customer Assistance Program): On-going assistance that caps your monthly payment and repays past-due amounts. Funds are applied directly to a utility bill.

LIHEAP: Helps low-income families pay heating and home energy bills with payment directly to the utility company

- 412-664-6800 or 6801 (McKeesport CAO) or apply on [COMPASS website](#)
- LIHEAP Crisis Program: 1-866-857-7095 or 412-562-0330 (local LIHEAP office) – Money is sent directly to the utility company. Emergency assistance for heating system failure is available 24 hrs/day. For households experiencing a heating crisis including:
 - Main or secondary heating source is completely shut-off or a shutoff notice was received
 - Broken heating equipment or leaking lines that must be fixed or replaced
 - Lack of fuel (ex: kerosene, oil, coal, wood)
 - Danger of being without fuel (less than a 15-day supply)
- LIHEAP Application Assistance: Senator Brewster hosts office hours at the Turtle Creek Borough Building (125 Monroeville Ave, Turtle Creek) every Tuesday 9am – 4pm; and the North Versailles Twp Building (1401 Greensburg Ave, North Versailles) every Wednesday 9am – 4pm.

Catholic Charities: <https://www.ccpgh.org/>, 412-456-6999

Lazarus Fund: 412-384-7360 (Bethesda United Presby in Elizabeth) or 412-697-7390 (main Presbytery) – One time only rent, mortgage payments, security deposits, and **utilities**.

PA Public Utility Commission (PUC): 1-800-692-7380, www.puc.pa.gov – May be able to provide info and referral assistance to consumers who are unable to reach a payment agreement on their past-due gas or electric bills.

Salvation Army: Assistance for food, **clothing**, shelter, rent, household utility expenses, & miscellaneous living needs.
Homestead: 412-461-2460 | McKeesport: 412-673-6627 | Homewood (closest to Penn Hills): 412-242-1434

Society of St. Vincent DePaul: Mary, Mother of God Parish, 412-385-3753 – Helps with **utility**, food, rent assistance, and furniture. Serves McKeesport, White Oak, East McKeesport, and North Versailles areas.

Veterans Leadership Program: 412-481-8200 – **Veteran Benefits**. Housing within 90 days to seek other housing; possible assistance with rental, **utility**, child care, transportation, car repairs, etc.

Healthcare – Medicare/Medicaid Application Assistance

YMCA/YWCA Hope for All: 412-436-0524 – Assistance with benefit applications via COMPASS, Benefit Bank, etc. Administered from the Homewood-Brushton YMCA with satellite sites in Hazelwood and Penn Hills.

Medicare Customer Service: 1-800-633-4227

Medicaid Customer Service: 1-866-550-4355 – to reach the Consumer Service Center for Health Care Coverage

Healthcare – Dental Assistance

ACHD Kids Dental Clinic: 412-664-8858 – For kids birth to age 20. Wander Building, 339 Fifth Ave., McKeesport 15132

Catholic Charities: 412-456-6911 select option #1

East Liberty Family Health Care Ctr: 412-661-2802 – 2 offices: Lincoln-Lemington and Wilksburg. Sliding scale fees

PCHS McKeesport: 412-664-4112 – Wed-Fri 9am-5pm at McKeesport Family Health Center (627 Lysle Blvd., McKeesport, PA, 15132). Sliding scale fees. Also offers dental at Alma Illery, Hill House, and West End locations.

Healthcare – Dental Assistance Cont.

Northside Christian Health Center: 412-321-4001 – Services include fillings, crowns, bridges, partial and full dentures, extractions, root canals, and minor oral surgery. May provide referral to a reduced cost specialist when possible. Dental services are available on a sliding fee scale to income eligible persons.

University of Pittsburgh Dental School: 412-648-8616 (after hours, emergencies, or weekends: 412-648-8760) – Provides dental services for patients throughout Western PA.

Healthcare – Drug/Substance Use Assistance

Prevention Point Pittsburgh: 412-247-3404 – Provides items for safe injection of IV drugs to reduce overdose and illness. Provides Naloxone, health education, and testing in a harm reduction model. As of 1/2024 the closest site to HSCMV is in Homewood, Fridays 1pm-4pm. Find the white van in parking lot of House of Manna at 7240 Frankstown Ave.

Naloxone: Contact a local pharmacy. There is a [standing order](#) in PA from Sec. of Health Dr. Bogan that allows anyone to obtain Naloxone. You can also have it mailed to you through [NEXT Distro](#).

Treatment Providers:

- Auberle: 412-673-5856 x1263
- TCV Community Services: 412-351-0222
- UPMC Western Behavioral Health at Mon Yough: 412-675-6927

Healthcare – Free Clinics

9th Street Clinic: 412-664-4304 – Thursdays 1pm-7pm, temporarily seeing patients at the Painter Building located at UPMC McKeesport Hospital. Calls and prescription requests: 412-664-4304.

Allies for Health + Wellbeing: 412-345-7456 – Clinic includes primary care, behavioral health, HIV and HepC testing and treatment, routine gyne and well woman exams, contraception, gender affirming care, PrEP and PEP. 5913 Penn Ave, Pittsburgh 15206 **East Liberty**

Braddock Free Health Clinic: 412-723-2086 – Sat/Sun from 9:30am – 2pm, **Braddock** Borough Bldg. 415 Sixth St.

Sheep Inc Health Care Center: 412-310-0062 – Thursdays 5:45pm - 8:30pm, Every 2nd and 4th Saturday 9:30am - 12pm, The Fold – Assembly of God, 11817 Frankstown Road, **Penn Hills** 15235

Additional Free & Sliding-Scale Clinics: https://rebrand.ly/clinicmap_pittemail_01_27_2022

Healthcare – Mammograms

Adagio Health: 1-888-687-0505 – mammogram vouchers and women’s health exams

American Cancer Society: 1-800-227-2345 – cancer resource connection, transportation and lodging assistance

Susan G Komen Pittsburgh: 1-877-465-6636 – Mammogram and treatment assistance, education materials

Healthcare – Medication Assistance

Senator Brewster’s Office: 412-664-5200 – Staff assist with a variety of state programs including PACE (Pharmaceutical Assistance Contract for the Elderly). A representative from Sen. Brewster’s office has office hours at:

- Turtle Creek Borough Building (125 Monroeville Ave, Turtle Creek) every Tuesday 9am – 4pm
- North Versailles Twp Building (1401 Greensburg Ave, North Versailles) every Wednesday 9am – 4pm

Healthcare – Mental Health Services

Re:solve Crisis Network: 888-796-8226 – Crisis Intervention. Walk-in services in the East End and a mobile unit.

TCV Community Services: 412-824-8510

UPMC Western Behavioral Health at Mon Yough: 412-675-6927

Legal Help

Neighborhood Legal Services: 412-255-6700

Just Mediation Pittsburgh: 412-228-0730, justmediationpgh.org – Mediates between tenant/landlord or between tenants on issues like eviction, habitability, ability to pay. Depending on situation can help to avoid an eviction.

Social Security

1-800-772-1213 (same number for both offices). Both open Mon-Fri 9am-4pm. Or access accounts online at www.ssa.gov

300 Oxford Dr., Ste 100 Monroeville, PA 15146	540 5th Ave. McKeesport, PA 15132
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Tax Help

For 2024, HSCMV's tax site is open Tuesdays and Wednesdays from 9am-3pm and 4pm-7pm from January 30 to April 10. **Appointments required.** Call 2-1-1 or visit www.PA211.org/VITA.

Tax Help – Property Tax/Rent Rebates

Senator Brewster's Office: 412-664-5200 – Staff assist with a variety of state programs including property tax/rent rebates. If caller has specific questions about rebates, have them call Brewster's office. Staff from Sen. Brewster's office has office hours at:

- Turtle Creek Borough Building (125 Monroeville Ave, Turtle Creek) every Tuesday 9am – 4pm
- North Versailles Twp Building (1401 Greensburg Ave, North Versailles) every Wednesday 9am – 4pm

Eastern Area Adult Services: 412-824-6880 – If age 60+

Transportation

NHCO: 412-487-6316 x3539 – Can provide transportation assistance to help people get to jobs, interviews/job searches, or education/vocational training programs. Assistance may include car repairs, gas cards, bus passes, insurance payments, car loan payments, PennDOT or AAA services, car seats. Must live in Allegheny County and be up to 200% FPL.

ACCESS Transportation: 412-462-5353 or TTY 711 – A door-to-door, shared-ride service open to the general public but primarily serves people with disabilities, clients of human service agencies, and people age 65+. Office hours are Mon-Fri 8am - 4:30pm.

Heritage Community Transportation: 412-351-2200 –Rides are 25¢ each, may be free for elderly individuals.

Medical Assistance Transportation Program (MATP): 1-888-547-6287 (call weekdays, 8am-4:30pm), [Online application](#) – Free transportation to and from non-emergency medical appointments for people on Medicaid.

Rankin Christian Center Fuel Assistance: 412-271-8313 –helps area residents with emergency fuel assistance on a limited basis. Call for eligibility.

Transportation Cont.

Senator Brewster's Office: 412-664-5200 – Staff assist with a variety of state programs including **senior bus passes**, and more. A representative from Sen. Brewster's office has office hours at:

- Turtle Creek Borough Building (125 Monroeville Ave, Turtle Creek) every Tuesday 9am – 4pm
- North Versailles Twp Building (1401 Greensburg Ave, North Versailles) every Wednesday 9am – 4pm

Travelers Aid: 412-281-5474 – Provides PRT transit tickets, weekly or monthly bus passes; GetGo and Sunoco gasoline cards; Lyft, Uber, and zTrip vouchers; and Greyhound passes for stranded travelers. May be able to provide transportation for medical appointments.

UPMC Children's: A limited number of free, round-trip rides are available to families with appointments at UPMC Children's Hospital; satellite locations Children's South, North, East, and Pine Center; and Primary Care of Oakland and Turtle Creek. To obtain a voucher for a Lyft ride, speak with the child's care team at an eligible location. A limited number of vouchers are available each month. Vouchers are not guaranteed for every appointment.

Veterans Leadership Program: 412-481-8200 – **Veteran Benefits**. Housing within 90 days to seek other housing; possible assistance with rental, utility, child care, **transportation, car repairs**, etc.

Ways to Work: 412-391-6732 x-207 – Provides auto loans for the purchase or repair of a used vehicle. The purpose of the loan is to provide affordable financing that would otherwise lead to the inability to keep one's job, take care of one's family, or limit an individual's ability to get a better job. Required to attend free financial literacy classes.